

Flexible Sigmoidoscopy performed at Outpatient Services East

(Flexible Sigmoidoscopy done with sedation)

1. Do not eat or drink anything after midnight, the night before the procedure.
2. Take two (2) Fleets Enemas (NOT mineral oil enemas) on the morning of the procedure about one hour before coming to OSE. You may purchase these at your local pharmacy.
3. You will be given an intravenous sedative, so you WILL need someone to drive you home after the procedure.

Our phone number is 205-838-3034. We appreciate you calling during office hours 8:30 – 4:30 Monday – Friday for routine questions, refills, etc. In case of emergencies or severe symptoms, we may be reached 24 hours a day through this number.